

## Friday Night Table Activity

This activity will give us a chance to get to know each other a little better, and also the opportunity to “taste and see” the sweetness of God’s Word. Below is a list of common desserts.

- Circle the one that you like best—your first choice if they were all at a table in front of you.
- When it is your turn to share, read the description that corresponds to your favorite dessert.
- Tell the women at your table whether you think the description of you is accurate, or if not, how you are different than what it says. (This “personality test” is NOT highly scientific, so don’t be offended if it gets you all wrong.☺)
- Finally, find the picture that corresponds with your number at the table (1 if you are the 1<sup>st</sup> to go, 2 if you are 2<sup>nd</sup>, etc.). Read the Scripture verse out loud, and answer the question(s) associated with it. If you are not comfortable reading or sharing, feel free to pass to the next person. If you have a table of 8, you will want to take about 3 minutes per person so that everyone gets a chance to share. Have fun as you are filled up with the blessings of fellowship and the truth of God’s Word!

**Cake**

**Ice Cream**

**Popsicles**

**Cupcakes**

**Pastries**

**Candy**

**Pie**

**No dessert**

### ***Your Sweet Personality***

#### **Cake**

*Let’s just say you like to have your cake and eat it too! You love living life to the fullest—that’s why your social calendar is always filled to the brim. You have a serious fear of missing out, so you’re always looking for something to occupy your time with. You love being in the company of good friends, being active, and – most importantly – having the best time possible. Your active lifestyle makes you value your alone time so that you can rest and recharge. Your outgoing personality makes you both a Busy Bee and a Queen Bee in everyone’s heart.*

#### **Ice Cream**

*Just like this sweet treat, you are an absolute sweetie. Your kind, generous, and patient demeanor makes you everyone’s go-to friend when they need advice and support. You might be a little bit sensitive, but it’s only because you naturally expect the best from people. You’ve probably been described as “motherly” or “nurturing” one or two times in your life. You have a docile, romantic side to your personality that makes you an amazing significant other. Everyone wants to be your friend because you’re one of the best types of friends to have!*

#### **Popsicles**

*If popsicles are your go-to treat, then you’re probably known for liking to live life on the edge. With a curious and adventure-driven spirit, you’re always excited to see what bend in the road life has in store for you next. You may drive your friends crazy with your impulsive ideas, but they adore your spontaneity and sense of adventure. Not to mention, you probably have a killer sense of humor (or sarcasm) that would make you an excellent stand-up comedian. Everyone knows you’re always the friend to bring along if they want a good time.*

## **Cupcakes**

*You love all the pretty colors and designs cupcakes come in- sometimes they're almost too good to eat (but you eat them anyway)! You have a distinctive feminine flare to your personality. While you may be soft-spoken at times, you have a beautiful, bubbly personality that radiates positivity and confidence. You're definitely a daydreamer who more often than not is a hopeless romantic. Though some may say you are overly frivolous, you know you're living life to the fullest.*

## **Pastries**

*You tend to make choices differently than everyone else and that's where your affection for pastries comes from! You'll always opt for some fancy pastry, whether it's a Danish, croissant, or a rainbow donut. You have an eclectic, energetic, and fun-loving personality. You'd rather stand out than fit in and could not care less about what the world thinks. You think outside the box and are always ready to explore, learn, and create. You most likely have an artistic side to you that leaves everyone else awestruck over your talent. You march to the beat of your own drum and wouldn't have it any other way.*

## **Candy**

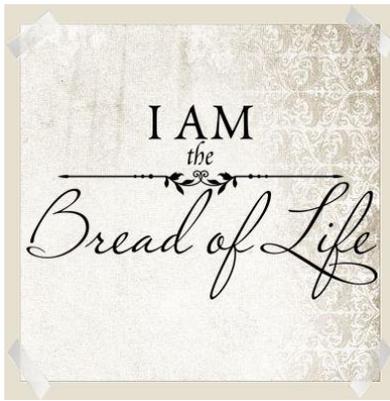
*You embody the classic saying "just like a kid in a candy shop" in all that you do. You are consistently full of energy, enthusiasm, and excitement for everything. Your passion for life is addictive and makes people love hanging around you. While some may say you can be a bit immature, there's nothing wrong with embracing your goofy side. You're still able to keep it professional when required and that makes you the perfect balance of fun loving and responsible.*

## **Pie**

*There's something about a good ol' fashioned pie that always tickles your fancy. You are a self-described traditionalist and have no problem admitting that you love time-honored traditions. You have a very sentimental side to your personality, which probably makes you a fond collector of memorabilia. You love creating new memories and remembering the old. Friends and family are especially important to you and you credit their support for helping you do all the amazing things you do. You are passionate, dreamy, and especially lovable- that's why everyone wants you to be a part of their memories, too!*

## **No Dessert**

*You have mastered the art of resisting temptation, aka dessert. Maybe you tend to opt for a healthier treat than a traditional dessert or you prefer to avoid treats and after-dinner snacks altogether. Either way, you are definitely strong-willed, passionate, and not afraid to set high standards for yourself. You are extremely disciplined and this translates into all aspects of your life, including your work, romances, and friendships. People admire your self-control and are probably always asking for your advice (even when you have no idea how to answer)!*



**#1 Then Jesus declared, “I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.”**

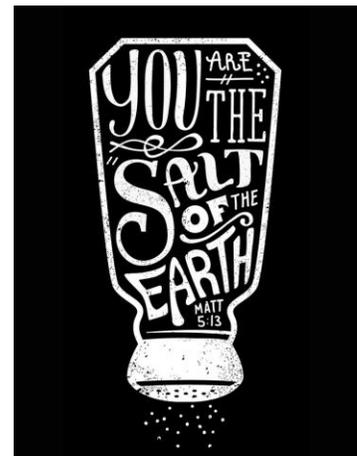
John 6:35

What type of hunger and thirst is Jesus talking about in this verse? How does He satisfy those needs in you?

**#2 You are the salt of the earth.**

Matthew 5:13

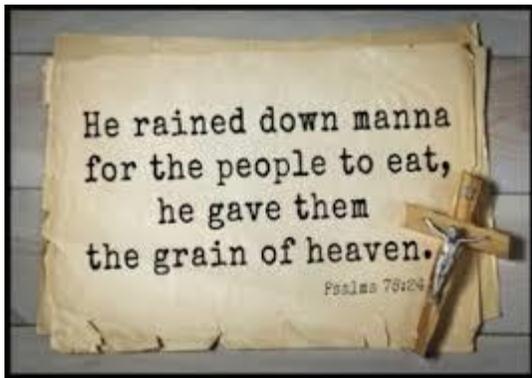
What does it mean that we are the “salt of the earth?” What is one way you can be “salty” to the people in your life at this time?



**#3 He rained down manna for the people to eat, he gave them the grain of heaven.**

Psalm 78:24

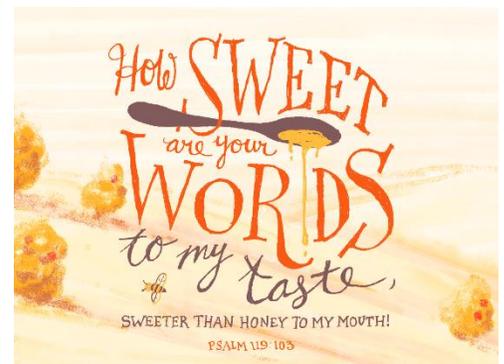
God literally provided food for his people in the Old Testament. Can you think of a very specific way He has provided for you in the last year?

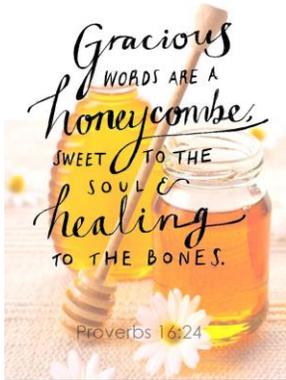


**#4 How sweet are your words to my taste, sweeter than honey to my mouth!**

Psalm 119:103

What is one of the verses in the Bible that tastes the “sweetest” to you and why?





**#5 Gracious words are a honeycomb, sweet to the soul and healing to the bones.**

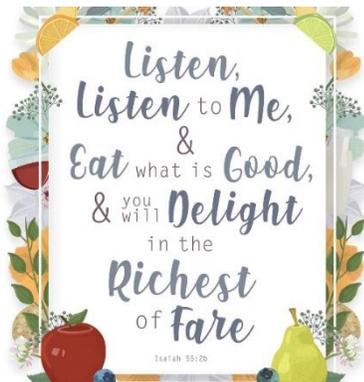
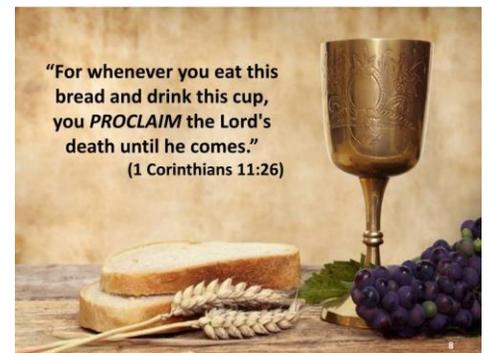
Proverbs 16:24

What person in your life could you bless with “gracious words” at this time? What is an example of something you could say?

**#6 For as often as you eat this bread and drink this cup, you proclaim the Lord’s death until he comes.**

I Corinthians 11:26

What comfort do you receive when you eat and drink the Lord’s Supper?



**#7 Listen, listen to me, eat what is good, and you will delight in the richest of fare.**

Isaiah 55:2b

What are ways that you can listen to God and “eat what is good” on a regular basis?

**#8 So whether you eat or drink or whatever you do, do it all for the glory of God.**

I Corinthians 10:31

What is one way you are able to glorify God in your current situation in life?

