

The Sweet Fruit of the Spirit

John 15:5 "I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing."

Galatians 5:22

The Fruit of the Spirit is:

Love

Joy

Peace

Patience

Kindness

Goodness

Faithfulness

Gentleness

Self-Control

Our world longs for this!



The Power of Relationships

Jesus – How did He spend his time?

Holy Spirit – How does He work?

Authentic Connection: Time + Trust = Relationship

"Take every thought captive and make it obedient to Christ." 2 Corinthians 10:5

Thoughts  Feelings  Actions

"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things...and the God of peace will be with you." – Philippians 4:8

I See Your Goodness

What happens in our mind when we are grateful?

It is not joy that makes us grateful, it is gratitude that makes us joyful!

How can I increase my awareness of God's goodness?

What can I do to grow more content?

*"Keep your lives free from the love of money and be **content** with what you have, because God has said, "Never will I leave you; never will I forsake you." Hebrews 13:5*

Let's practice again:

"Take every thought captive and make it obedient to Christ." 2 Corinthians 10:5

Thoughts → Feelings → Actions

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